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Strengthening Public Health Practice: Survey of State Health Officers — United States, 1989

In 1988, the Institute of Medicine (IOM) released a report entitled *The Future of Public Health* (1), which included 55 recommendations directed at state health departments to improve public health practice in the United States. Following the IOM report, the Association of State and Territorial Health Officials (ASTHO) conducted a national survey of state health officers* regarding these recommendations. This report summarizes the survey findings for 25 IOM recommendations.

In March 1989, ASTHO mailed to the 50 state health officers a questionnaire that asked whether they agreed with the IOM recommendations; whether specific recommendations were part of their program responsibilities; and whether their states planned to implement any recommendations not already in place. All 50 states returned questionnaires; rates of nonresponse to specific questions were low (0–4%).

Of the 50 state health agencies, 25 (50%) were independent, cabinet-level public health agencies; 13 (26%) were located in a department of health that was combined with another function (i.e., social services, welfare services, human services, or environmental health); six (12%) were located in an integrated human services or human resources department; and six were "other." Respondents agreed nearly unanimously with the three core functions of public health as defined by the IOM report: assessment[†] (100%), policy development[§] (100%), and assurance[¶] (94%). However, these functions were being performed by 82%, 72%, and 56% of respondents, respectively.

^{*}For this report, state health officer is defined as the chief public health official of a state as specified by law or as designated by the chief executive of each state.

[†]Regular and systematic collection, assembly, analysis, and dissemination of information on the health of the community, including statistics on health status, community health needs, and epidemiologic and other studies of health problems.

[§]Use of the scientific knowledge base in planning, priority-setting, allocating resources, and decision-making about what should be done in public health.

Assuring constituents that services necessary to achieve agreed-upon goals are provided by encouraging actions by others, requiring action through regulation, or providing services directly.

Public Health Practice - Continued

State health officers overwhelmingly agreed with the IOM recommendations to improve community involvement, including the need to strengthen relationships with physicians and other health professionals (100%), voluntary health organizations (100%), and legislators and other public officials (98%). At the time of the survey, however, 20%, 52%, and 38% of states, respectively, had implemented efforts to strengthen ties to these groups.

State health officers strongly agreed (≥84%) with all IOM recommendations regarding specific duties of state public health programs (Table 1). However, the proportion of states that had implemented these recommendations ranged from 26% (linkages to mental health) to 86% (regulation of health facilities).

State health officers strongly supported public health involvement in a wide range of environmental health issues (e.g., drinking-water quality and toxic exposure evaluation) (Table 2); involvement was expanding for indoor air pollution and occupational hazards.

TABLE 1. Number of state public health departments agreeing with and implementing selected recommendations of the Institute of Medicine (IOM) Committee on the Future of Public Health — United States, 1989

IOM	recommendation	Agree	Implementing	Plan to implement
1.	Support local health with subsidies and direct assistance	50	37	11
2.	Educate public on community health needs and policy issues	50	34	14
3.	Revise statutory base to address contemporary health problems	50	33	15
4.	Assess state health needs based on state data	49	40	10
5.	Assure statewide availability of essential environmental health services	49	27	11
6.	Develop comprehensive strategies to influence health-related behavior	48	21	24
7.	Link with mental health services to improve integration of service delivery	48	13	18
8.	Conduct population-based health research	47	24	16
9.	Be responsible for disease prevention and health promotion	45	35	3
10.	Assure personal health services for the medically indigent	45	29	14
11.	Establish standards specifying minimum services to be provided by local public health	45	16	22
12.	Be responsible for regulation of health facilities	44	43	0
13.	Be responsible for health planning	42	25	13

Public Health Practice - Continued

The survey detected moderate support from state health officers for expanding their responsibilities to include substance abuse (72%), Medicaid (52%), mental health (48%), and regulation of health professionals (38%). Twenty-six percent of health departments were responsible for substance abuse, 22% for regulation of health professionals, 14% for Medicaid, and 12% for mental health.

Adapted from: J Public Health Policy 1990;11:296–304, as reported by: HD Scott, MD, Association of State and Territorial Health Officials; JT Tierney, MSW, WJ Waters, Jr, PhD, M Buban, D Perry, Rhode Island Dept of Health. Public Health Practice Program Office, CDC.

Editorial Note: The Future of Public Health has provided a critical assessment of the U.S. public health system and has focused attention on the needs to reform all levels of the public health system, mobilize the public health community (including federal, state, and local agencies and public and private components), and initiate action to strengthen the system. The IOM report received support from the U.S. Public Health Service (PHS) and the Kellogg Foundation and was developed by a committee representing state and local public health agencies and universities; appointed and elected officials; private practitioners; academicians in health, economics, medicine, and law; and the private sector. To develop key background information for the report, committee members conducted site visits and regional hearings, commissioned original papers, and completed a comprehensive literature review.

The IOM committee perceived a lack of consensus regarding the mission of public health in the United States**; this perception is consistent with substantial variations in organizational structure and available services (2). In addition, despite major achievements by the U.S. public health system, the IOM report cited several limitations in a substantial portion of the system, including 1) weak and unstable leadership, 2) decreased professional competence in public health agencies, 3) ineffective organizations, 4) outdated statutes, 5) inadequate resources for public health activities, 6) inadequate data gathering and analysis, and 7) lack of effective links

TABLE 2. Number of state public health departments agreeing with and implementing environmental health recommendations of the Institute of Medicine (IOM) Committee on the Future of Public Health — United States, 1989

IOM recommendation	Agree	Implementing	Plan to implement
The state health department should be concerned with:			
1. Toxic exposures	50	33	11
2. Food protection	49	48	2
3. Outdoor air	49	24	5
4. Indoor air pollution	49	22	18
5. Drinking water quality	48	37	3
6. Occupational hazards	43	19	11
7. Pesticide management	42	18	7

^{**}The committee defines the mission of public health as fulfilling society's interest in assuring conditions in which persons can be healthy.

Public Health Practice - Continued

between the public and private sectors (1). Because of these limitations, comprehensive and effective preventive health services are not uniformly available to the U.S. population.

The ASTHO survey indicates strong support for most of the IOM recommendations and documents that many states are implementing recommendations. However, for some of the recommendations, no consensus exists; for others, consensus exists but implementation is lacking. For example, only 48%–72% of state health officers indicated that substance abuse, Medicaid, and mental health should be the responsibility of the health department. The National Association of County Health Officials and the U.S. Conference of Local Health Officials have expressed similar concerns (3,4). In comparison, 90%–100% of state health officers agreed that states should support local health services with subsidies and technical assistance, establish standards specifying minimum services for local public health, and hold localities accountable. Although 74% were supporting local public health services, only 32% had set minimum standards and were holding local public health agencies accountable.

In response to the IOM report, ASTHO has proposed new legislation that would increase support to state and local health agencies and schools of public health and augment the capacities of public health agencies to achieve health objectives for the nation for the year 2000 (5). In addition, PHS has developed a plan for strengthening public health in the United States (6) in which each PHS agency describes plans to assist states and localities in strengthening the core functions of assessment, policy development, and assurance. For example, CDC is working with ASTHO, NACHO, schools of public health, and other organizations to 1) strengthen the professional competence of the public health work force through initiatives such as the National Laboratory Training Network; 2) identify a core data set to strengthen the public health knowledge base for decision-making; and 3) broaden CDC involvement with state and local agencies, the medical community, community-based organizations, and volunteer groups.

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Current Trends

Hospitalizations for the Leading Causes of Death Among the Elderly — United States, 1987

Seven of the 10 leading causes of death among the elderly (1) (i.e., persons \geq 65 years of age) in the United States are chronic diseases. However, public health officials have recognized that mortality data alone are insufficient for quantifying the public health impact of chronic diseases on the elderly (2). This report uses 1987 Medicare data to compare deaths among the elderly with the frequency and costs of hospitalization.

Medicare provides coverage for hospital expenses for >95% of elderly persons (3). The Health Care Financing Administration (HCFA) collects data on all Medicare-reimbursed hospitalizations. HCFA's computerized records contain diagnostic, surgical, financial, demographic, and residential data for each Medicare-related discharge (4,5). Unique identifiers in discharge records make it possible to distinguish persons hospitalized more than once.

In 1987, the 10 leading causes of death (not all of which were among the 10 leading causes of hospitalization) among the elderly accounted for 86.3% of all deaths in this group and for 45.6% of all hospital discharges (Table 1).* Of the 10 leading causes of death, seven chronic diseases (diseases of the heart; malignant neoplasms; cerebrovascular disease; chronic obstructive pulmonary disease; diabetes mellitus; atherosclerosis; and nephritis, nephrotic syndrome, and nephrosis) accounted for 79.5% of deaths and 39.0% of hospital discharges (Table 1).

Of the more than \$39 billion Medicare provided for hospitalizations for the elderly in 1987, approximately \$20 billion (50.2%) was for hospitalization of persons with a principal diagnosis that ranked among the 10 leading causes of death. Forty-three percent of Medicare reimbursement was for hospitalizations for one of the seven chronic diseases (Table 1).

In 1987, nearly 20% of elderly persons were hospitalized at least once (Table 2). Among these, the number of persons hospitalized for heart diseases and malignant neoplasms was approximately twice the number who died from these diseases; for diabetes mellitus and cerebrovascular diseases, the number hospitalized was nearly four times the number who died (Table 2).

An additional 28% of discharges and 7% of deaths not among the 10 leading causes of death were for predominantly chronic conditions in five major disease categories (circulatory, digestive, genitourinary, musculoskeletal, and neurologic diseases).

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Editorial Note: Although surveillance for chronic diseases frequently uses mortality data, annual mortality statistics substantially underestimate the number of persons affected by these conditions. As this report and others (7) have demonstrated, Medicare hospital discharge data can be used to complement information provided

^{*}In this report, "hospitalized for" or "accountable for" (when referring to hospitalization) mean principal diagnosis (i.e., the diagnosis deemed at the time of discharge to have been responsible for the patient's admission).

Hospitalizations - Continued

by mortality statistics. The number and cost of hospitalizations provide a measure of both morbidity and the burden on the health-care system, and the number of persons hospitalized provides an estimate of the number of persons affected.

For at least five reasons, the data in this report may underestimate the total hospitalization burden attributable to chronic diseases. First, many chronic conditions were not ranked within the 10 leading causes of death and therefore were not represented in the tables. Second, some hospitalizations for which therapies (e.g., chemotherapy for cancer) are listed as principal "diagnoses" probably should be attributed to chronic disease. Third, certain chronic diseases can contribute etiologically to hospitalizations with a principal diagnosis other than a chronic disease (e.g., osteoporosis, which can contribute to hip fractures). Fourth, chronic diseases coded as secondary rather than primary diagnoses may contribute to the need for hospitalization. Fifth, persons receiving care from organizations such as health maintenance organizations, the Veteran's Administration, and the Indian Health Service may not be routinely reported to HCFA, although these persons are included in denominators used here to calculate hospitalization and death rates.

TABLE 1. Percentage of deaths, Medicare hospitalizations, and Medicare reimbursement costs for hospitalizations associated with the leading causes of death* among persons ≥65 years of age — United States, 1987

Underlying cause of death/		Medicare	hospitalization
Principal diagnosis (ICD-9-CM rubric)	Deaths [†]	Discharges ⁵	Reimbursement ^s
All causes	1,509,686	8,956,380	\$39,339,100,395
Diseases of the heart ¹ (390–398, 402, 404–429)	41.1%	20.4%	22.2%
Malignant neoplasms [¶] (140–208)	21.0%	7.9%	10.4%
Cerebrovascular disease [¶] (430–438)	8.6%	6.2%	5.9%
Chronic obstructive pulmonary disease ¹ (490–496)	4.3%	2.1%	1.7%
Pneumonia/Influenza (480–487)	4.0%	4.6%	4.7%
Diabetes mellitus [¶] (250)	1.9%	1.4%	1.3%
Accidents and adverse effects**	1.7%	0.9%	0.9%
Atherosclerosis [¶] (440)	1.4%	0.4%	0.7%
Nephritis, nephrotic syndrome, and nephrosis [®] (580–589)	1.2%	0.6%	0.8%
Septicemia (038)	1.1%	1.1%	1.6%
Total	86.3%	45.6%	50.2%
Total chronic diseases	79.5%	39.0%	43.0%

^{*}The leading causes of death are not necessarily the leading causes of hospitalization.

[†]Reference 6

[§]Reference 5.

[¶]Chronic diseases.

^{**}For deaths, underlying cause is an external-cause-of-injury rubric E800–E949. For hospitalizations, principal diagnosis is a nature-of-injury rubric 800–979 with a secondary diagnosis rubric E800–E949.

Hospitalizations - Continued

Chronic diseases affect a large proportion of the elderly and are a major public health burden. Medicare data can be used to assess this burden and to examine the impact of specific conditions (e.g., ischemic heart disease or obstructive pulmonary diseases) on demographic and geographic subgroups of the elderly, to improve understanding of the burden of chronic disease in this rapidly growing population, and to identify priorities for primary or secondary prevention.

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TABLE 2. Number and rates of persons hospitalized and deaths associated with the leading causes of death* among persons ≥65 years of age — United States, 1987

Underlying cause of death/	Persons hos	spitalized	Deat		
Principal diagnosis (ICD-9-CM rubric)	No.†	Rate§	No.	Rate⁵	Ratio ¹
All causes	5,764,800	19,119	1,509,686	4,934	3.8
Diseases of the heart (390–398, 402, 404–429)	1,335,435	4,424	619,775	2,014	2.2
Malignant neoplasms (140–208)	583,882	1,948	316,343	1,049	1.8
Cerebrovascular disease (430-438)	497,628	1,637	129,875	419	3.8
Chronic obstructive pulmonary disease (490–496)	149,373	500	64,477	213	2.3
Pneumonia/Influenza (480–487)	374,738	1,229	60,571	195	6.2
Diabetes mellitus (250)	110,179	369	28,396	93	3.9
Accidents and adverse effects**	76,213	249	25,900	85	2.9
Atherosclerosis (440)	28,868	96	21,377	68	1.4
Nephritis, nephrotic syndrome, and nephrosis (580–589)	44,736	148	18,265	59	2.4
Septicemia (038)	91,310	299	15,877	52	5.8

^{*}The leading causes of death are not necessarily the leading causes of hospitalization.

[†]A person hospitalized more than once for the same diagnosis is counted once; a person hospitalized for two or more of the diagnoses is counted once for each diagnosis.

[§]Per 100,000 persons, age- and sex-adjusted to the 1980 U.S. population.

^{*}Ratio of number of persons hospitalized to number of persons who died.

^{**}For deaths, underlying cause is an external-cause-of-injury rubric E800–E949. For hospitalizations, principal diagnosis is a nature-of-injury rubric 800–979 with a secondary diagnosis rubric E800–E949.

FIGURE I. Notifiable disease reports, comparison of 4-week totals ending October 27, 1990, with historical data — United States

DISEASE	DECREASE		INCREASE	CASES CURRENT 4 WEEKS
Aseptic Meningitis				1,422
Encephalitis, Primary				150
Hepatitis A				2,184
Hepatitis B				1,349
Hepatitis, Non-A, Non-B				216
Hepatitis, Unspecified				154
Legionellosis				126
Malaria				88
Measles, Total				508
Meningococcal Infections				116
Mumps				227
Pertussis				460
Rabies, Animal				266
Rubella				181
0.25	0.5	2 4	8	 16
0.23	0.5	Ratio(Log Scale)*	J	10
	C	BEYOND HISTORICAL LIMITS		

^{*}Ratio of current 4-week total to mean of 15 4-week totals (from comparable, previous, and subsequent 4-week periods for past 5 years).

TABLE I. Summary — cases of specified notifiable diseases, United States, cumulative, week ending October 27, 1990 (43rd Week)

	Cum. 1990		Cum. 1990
AIDS	35,073	Plague	2
Anthrax	-	Poliomyelitis, Paralytic*	-
Botulism: Foodborne	17	Psittacosis	95
Infant	52	Rabies, human	1
Other	5	Syphilis: civilian	40,390
Brucellosis	69	military	203
Cholera	4	Syphilis, congenital, age < 1 year	685
Congenital rubella syndrome	3	Tetanus	49
Diphtheria	3	Toxic shock syndrome	245
Encephalitis, post-infectious	1,236	Trichinosis	22
Gonorrhea: civilian	551,219	Tuberculosis	19,113
military	7,261	Tularemia	119
Leprosy	168	Typhoid fever	415
Leptospirosis	45	Typhus fever, tickborne (RMSF)	579
Measles: imported	1,070	Typinas totoly donoctile (tillion)	1 3/3
indigenous	22,531		

^{*}Three cases of suspected poliomyelitis have been reported in 1990; five of the 13 suspected cases in 1989 were confirmed and all were vaccine-associated.

TABLE II. Cases of specified notifiable diseases, United States, weeks ending October 27, 1990, and October 28, 1989 (43rd Week)

	1	Aseptic	Encer	halitis	I		П	anatitie (Viral), by	tune	-	
Reporting Area	AIDS	Menin- gitis	Primary	Post-in- fectious		orrhea ilian)	Α	В	NA,NB	Unspeci- fied	Legionel- losis	Leprosy
	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990
UNITED STATES	35,073	8,729	843	1236	551,219	581,745	23,920	16,692	2,050	1,423	1,075	168
NEW ENGLAND	1,235	325	23	-	15,309	17,007	521	886	60	60	59	10
Maine N.H.	52 55	12 34	3	-	168 142	219 150	9 7	24 38	4 5	1 3	5 4	-
Vt. Mass.	13 683	31 106	2 11	-	46 6,488	57 6,577	5 340	41 544	5 36	- 54	6 36	9
R.I. Conn.	75 357	104 38	1	-	1,005 7,460	1,237 8,767	48 112	39 200	10	2	8	1
MID. ATLANTIC	10,472	833	44	7	72,598	85,146	3,245	2,166	194	85	331	20
Upstate N.Y. N.Y. City	1,314 6,156	449 132	36 3	1 3	11,959 29,474	13,759 35,149	977 487	587 553	69 25	23 43	126 83	1 14
N.J. Pa.	1,995 1,007	252	1	3	12,396	12,617 23,621	398	526	38	-	46	4
E.N. CENTRAL	2,406	2,492	220	1,168	18,769 106,828	107.400	1,383 1,924	500 1,963	62 307	19 81	76 274	1 2
Ohio Ind.	551 228	477 298	71	4	33,223	28,358	180	339	72	12	84	-
III.	975	425	66	1,155	9,419 32,482	8,255 34,537	141 948	347 373	18 39	15 17	45 15	1
Mich. Wis.	460 192	941 351	65 14	-	25,325 6,379	27,352 8,898	329 326	544 360	33 145	37	87 43	1
W.N. CENTRAL	882	459	94	2	28,648	27,133	1,448	751	116	31	62	1
Minn. Iowa	151 43	87 85	57 5	1 -	3,520 1,974	3,021 2,324	212 246	95 49	25 10	1 4	6 4	-
Mo. N. Dak.	511 2	182 18	7 3	1	17,395 76	16,711 117	419 20	474 5	54 2	20 1	29 1	-
S. Dak.	4	9	4	-	243	233	262	7	4	-	2	-
Nebr. Kans.	50 121	36 42	7 11	-	1,550 3,890	1,198 3,529	84 205	30 91	4 17	5	12 8	1
S. ATLANTIC	7,478	1,544	226	27	156,222	155,511	2,747	3,294	280	206	154	6
Del. Md.	82 862	40 226	5 21	1	2,681 19,525	2,705 18,420	98 902	84 466	9 48	2 13	11 54	3
D.C. Va.	594 610	9 276	- 47	1	10,924 14,879	9,063 13,472	15 261	39 210	4 36	140	2 13	
W. Va.	58	51	56	•	1,069	1,188	19	73	4	8	4	-
N.C. S.C.	463 288	157 21	34 1	-	23,409 12,478	23,473 14,176	592 39	906 520	105 15	9	22 20	1
Ga. Fla.	985 3,536	277 487	4 58	1 24	33,535 37,722	29,955 43,059	314 507	403 593	11 48	7 27	19 9	2
E.S. CENTRAL	864	600	55	2	47,594	46,730	325	1,300	182	8	50	-
Ky. Tenn.	146 287	165 115	25 22	2	4,867 15,107	4,539 15,627	75 153	452 701	54 109	6	21 16	-
Ala. Miss.	193 238	225 95	8	-	15,677 11,943	15,131 11,433	96 1	143 4	17 2	1 1	13	-
W.S. CENTRAL	3,816	705	50	7	60,022	60,756	2,788	1,783	85	268	44	34
Ark. La.	182 607	22 83	5 9	-	7,253 11,372	6,985 12,878	459 166	73 262	10 5	23 7	9 13	-
Okla. Tex.	171 2,856	73 527	3 33	6 1	5,067 36,330	5,244 35,649	489 1,674	137 1,311	23 47	25 213	14	34
MOUNTAIN	917	341	21	2	11,195	12,258	3,815	1,219	185	111	42	2
Mont. Idaho	11 21	5 7	-	-	172 118	158 149	156 79	62 68	7 8	4	5 3	-
Wyo. Colo.	2 281	6 85	1	-	130 2,999	86 2,608	56 258	15 144	5 44	1	2	-
N. Mex.	86	19	i	-	1,022	1,111	787	168	11	36 10	8 3	-
Ariz. Utah	274 88	154 27	8 3	-	4,359 319	5,062 387	1,725 480	417 87	66 25	43 7	11 3	2
Nev.	154	38	4	2	2,076	2,697	274	258	19	10	7	-
PACIFIC Wash.	7,003 530	1,430	110 6	21 1	52,803 4,267	69,804 5,400	7,107 1,165	3,330 502	641 108	573 31	59 12	93 6
Oreg. Calif.	265 6,055	1,236	96	19	2,115 45,136	2,593	719	345	49	8	-	-
Alaska	24	105	7	-	880	60,570 792	4,980 175	2,369 52	469 5	522 5	45 -	71 -
Hawaii	129	89	1	1	405	449	68	62	10	7	2	16
Guam	າ	2			100							
Guam P.R.	2 1,451	2 62	6	-	192 637	136 930	12 139	2 404	9	11 26	-	1 6
Guam P.R. V.I. Amer. Samoa C.N.M.I.			- 6 -	- - 31					9			

TABLE II. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending October 27, 1990, and October 28, 1989 (43rd Week)

	Ι	_	Meas	les (Ru	heola)		Menin-	1							
Reporting Area	Malaria	Indig	jenous		rted*	Total	gococcal Infections	Mu	mps	1	Pertussi	s		Rubella	1
	Cum. 1990	1990	Cum. 1990	1990	Cum. 1990	Cum. 1989	Cum. 1990	1990	Cum. 1990	1990	Cum. 1990	Cum. 1989	1990	Cum. 1990	Cum. 1989
UNITED STATES	984	10	22,531	1	1,070	13,999	2,018	59	4,363	199	3,430	3,123	31	1,047	339
NEW ENGLAND	83	-	264	1	26	336	159	2	40	4	358	331	-	8	6
Maine N.H.	1 4	:	28	1†	2 9	1 15	14 11	1	10	3	16 52	25 16	-	1	4
Vt.	7	-		-	1	3	12	-	2	-	7	6	-	-	1
Mass. R.I.	46 8	-	22 27	-	7 3	63 41	73 12		11 5	1	253 6	255 11	-	2	1
Conn.	17	-	187	-	4	213	37	1	12	-	24	18	-	3	-
MID. ATLANTIC	218	2	1,267	-	157	985	319	4	294	5	469	254	-	11	36
Upstate N.Y. N.Y. City	43 80	1	204 417	-	112 21	152 116	118 46	-	124	5	309	108 11	-	10	14 15
N.J.	71	-	270	-	15	453	66	-	77	-	21	32	-	-	7
Pa.	24	1	376	-	9	264	89	4	93	-	139	103	-	1	-
E.N. CENTRAL	60 8	2	3,361 551	-	143 3	4,885 1,459	267 81	6 2	462 91	70 62	803 216	424 45	-	162 131	28 3
Ind.	3	-	417	-	1	78	29	1	20	7	124	19	-	-	-
III. Mich.	22 18	-	1,302 348	-	10	2,699	72	-	162	:	266	153	-	19	21
Wis.	9	-	743	-	125 4	325 324	63 22	3	142 47	1	76 121	42 165	-	9	1 3
W.N. CENTRAL	18	-	884	-	14	741	64	3	141	18	198	203	26	48	6
Minn. Iowa	5 2	-	419 25	-	4	23	12	-	14	16	48	54	25	42	-
Mo.	10		98	-	1 -	12 453	1 27	-	20 55	2	18 101	15 119	-	4	1 4
N. Dak.	-	-	-	-	-	-	2	-	-	-	2	3	-	1	-
S. Dak. Nebr.	-	-	15 97	-	8 1	113	2 5	-	6	-	1 7	2 6	1	1	-
Kans.	1	-	230	-	-	140	15	3	46	-	21	4	-		1
S. ATLANTIC	196	-	913	-	376	700	353	19	1,810	-	284	319	-	20	10
Del. Md.	4 52	-	8 194	-	3 18	40 99	3 41	18	6 1,027	-	8 60	1 67	-	2	2
D.C.	10	-	15	-	7	40	11	-	34	-	14	2	-	1	-
Va. W. Va.	49 2	•	84 6	-	2	22 53	46 15	•	99	-	18	33	-	1	-
N.C.	15		9	-	15	188	50	-	43 294		28 71	32 66			1
S.C. Ga.	3	-	4	-	-	15	24	-	60	-	5	-	-		-
Fla.	16 45		99 494	-	259 72	17 226	62 101	1	86 161	-	32 48	41 77	-	1 15	7
E.S. CENTRAL	20	-	183	-	3	239	122	1	94	1	146	199	_	15	5
Ky.	2	-	41	-	1	44	37	-	-	-	-	1	-	1	-
Tenn. Ala.	9 9		93 23	-	2	145 50	53 30	1	52 16	1	71 67	116 71	-	14	4
Miss.	-	-	26	-	-	-	2	-	26	-	8	11	-		-
W.S. CENTRAL	57	-	4,181	-	94	3,250	139	13	639	2	183	349	-	66	50
Ark. La.	4 6	-	18 10	-	31	22 48	17 31	1 -	137 107	2	21 30	27 19	•	3	5
Okla.	9	-	174	-		110	17	-	100	-	52	53	-	1	1
Tex.	38	-	3,979	-	63	3,070	74	12	295	-	80	250	-	62	44
MOUNTAIN Mont.	23 1	5	833	-	100 1	416 13	69 10	3	323 1	19 3	268 35	613 37	-	109 14	36 1
Idaho	5	-	16	-	10	7	6		143	-	41	67		49	32
Wyo. Colo.	1 2	:	91	-	15 47	97	-	-	2	-		-	-	-	2
N. Mex.	4	-	81	-	12	31	21 12	N	24 N	16	90 18	85 32	-	4	
Ariz. Utah	9	-	291	-	12	145	6	1	126	-	49	371	-	32	-
Nev.	1	5	127 227	-	3	114 9	7 7	2	9 18	-	31 4	20 1	-	2 8	1
PACIFIC	309	1	10,645	_	157	2,447	526	8	560	80	721	431	5	608	162
Wash.	25		202	-	69	54	65	2	49	31	196	175	-	-	-
Oreg. Calif.	12 266	1	169 10,166	-	44 38	61 2,302	57 389	N 6	N 482	2 47	88 353	16 218	5	74 519	4 136
Alaska	2	-	78	-	2	1	10	-	4	-	7	1	-	218	-
Hawaii	4	-	30	-	4	32	5	-	25	-	77	21	-	15	22
Guam P.R.	3 3	U 1	- 1,657	U	1	4 546	- 10	U	4	U	1	1	U	-	-
V.I.	-	U	21	Ū	3	546 4	12	Ū	8 12	Ū	11	4	Ū	-	8
Amer. Samoa	35	U	501	Ü	-	-	-	U	37	U	-	-	Ū	-	-
C.N.M.I.	-	U	4	U	-	-	-	U	8	U	4	-	U	-	-

*For measles only, imported cases includes both out-of-state and international importations.

TABLE II. (Cont'd.) Cases of specified notifiable diseases, United States, weeks ending October 27, 1990, and October 28, 1989 (43rd Week)

Reporting Area	Syphilis (Primary 8	(Civilian) Secondary)	Toxic- shock Syndrome	Tuber	culosis	Tula- remia	Typhoid Fever	Typhus Fever (Tick-borne) (RMSF)	Rabies, Animal
	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1989	Cum. 1990	Cum. 1990	Cum. 1990	Cum. 1990
UNITED STATES	40,390	36,382	245	19,113	17,569	119	415	579	3,559
NEW ENGLAND	1,402	1,427	21	470	514	3	26	19	6
Maine N.H.	7 41	13 11	7 1	18 3	25 23	-		1	3
Vt.	1	'n	i	8	23 8				-
Mass. R.I.	569 19	421	10	243	277	3	25	16	-
Conn.	765	28 953	1	61 137	53 128	-	1	2	3
MID. ATLANTIC	7,684	7,717	26	4,593	3,596	1	96	31	843
Upstate N.Y. N.Y. City	739 3,610	751 3,668	10 5	316 2,873	275 2,047	-	18 54	15 2	155
N.J.	1,247	1,183	-	789	700	1	20	9	295
Pa.	2,088	2,115	11	615	574	-	4	5	393
E.N. CENTRAL Ohio	2,874 443	1,597 150	54 19	1,882 329	1,787 305	2 1	30	45	152
Ind.	79	52	19	329 177	174	1	6 1	33 2	9 14
III.	1,235	680	8	950	825	-	14	2	26
Mich. Wis.	832 285	578 137	26	356 70	380 103	-	8 1	8	48 55
W.N. CENTRAL	426	274	26	498	451	41	5	53	554
Minn.	77	47	2	97	91	-	-	-	211
lowa Mo.	66 225	30 142	7 8	50 253	44 207	31	1 3	2 35	17
N. Dak.	1	3	-	16	13	-	-	-	25 78
S. Dak.	.1	1	-	12	26	4	-	2	178
Nebr. Kans.	14 42	23 28	3 6	15 55	18 52	3 3	1	1 13	4 41
S. ATLANTIC	13,018	12,815	22	3,561	3,699	4	68	241	977
Del.	156	174	1	32	35	-		1	24
Md. D.C.	995 951	671 649	1 1	277 132	322 148		32	17 2	360
Va.	754	474	3	320	302	1	7	22	171
W. Va. N.C.	64 1,454	14 915	10	61 482	63 477	2	1 2	1 139	35
S.C.	886	717	2	401	414	1	1	39	8 118
Ga. Fla.	3,287 4,471	3,175	1 3	588	579	-	4	18	181
E.S. CENTRAL	3,809	6,026 2,528	13	1,268	1,359	-	21	2	80
Ky.	3,809 82	2,528 49	2	1,345 314	1,375 331	8 2	4 1	74 11	158 45
Tenn.	1,620	1,125	8	372	420	6	1	53	27
Ala. Miss.	1,139 968	752 602	3	417 242	389 235	-	2	10	83 3
W.S. CENTRAL	6,984	5,032	11	2,266	2,141	40	16	92	394
Ark.	443	314	-	285	222	31	-	20	31
La. Okla.	2,238 206	1,243 95	1 7	251 169	292 187	- 8	1 2	2 64	28
Tex.	4,097	3,380	3	1,561	1,440	1	13	6	114 221
MOUNTAIN	739	556	27	452	425	16	20	13	201
Mont.	6	1	2	22	16	-	-	4	44
ldaho Wyo.	2	1 6	2	11 5	23	5		1	7 47
Colo.	42	59	7	27	41	4	-	2	23
N. Mex. Ariz	40 531	26 265	3 8	88 206	72 199	4	18	1 1	12 34
Utah	17	15	5	37	36	3	-	3	16
Nev.	101	183	-	56	38	-	2	-	18
PACIFIC	3,454	4,436	45	4,046	3,581	4	150	11	274
Wash. Oreg.	282 118	386 194	4 2	221 102	196 114	2	21 4	2 1	1
Calif.	3,028	3,840	38	3,529	3,069	-	117	3	251
Alaska Hawaii	16 10	5 11	1	34 160	50 152	2	8	5	22
Guam	2	4		36	74	-	0	5	-
P.R.	291	457	-	95	241	-	1	-	36
V.I.	12	8	-	4	4	-	1	-	
Amer. Samoa				12	7	-		-	-

TABLE III. Deaths in 121 U.S. cities,* week ending October 27, 1990 (43rd Week)

	All Causes, By Age (Years) All Causes, By Age (Years)														
Reporting Area	All				P&I**	I Reporting Δrea	<u> </u>	All Cau			(Years)		P&I**		
	Ages	≥65	45-64	25-44	1-24	<1	Total	Hoporting Area	All Ages	≥65	45-64	25-44	1-24	<1	Total
NEW ENGLAND Boston, Mass.	599	411	94	55	19	20	32	S. ATLANTIC	1,328	799	269	172	53	35	49
Bridgeport, Conn.	183 35	116 24	31 6	20 4	6 1	10	14 1	Atlanta, Ga.	151	90	30	23	6	2	1
Cambridge, Mass.	21	15	1	4	i	-	ż	Baltimore, Md. Charlotte, N.C.	170 81	109 52	37 14	20 7	3 5	3	16
Fall River, Mass. Hartford, Conn.	19 64	14 43		- 5	3	-	1	Jacksonville, Fla.	107	62	24	15	3	3	9
Lowell, Mass.	22	43 15		4	3	3	4	Miami, Fla. Norfolk, Va.	118	54 45	35 16	24 7	4 7	1 9	2
Lynn, Mass.	16	14	1	1		-	-	Richmond, Va.	84 76	45 37	17	12	5	5	2
New Bedford, Mass. New Haven, Conn.	28 38	21 25	5 5	2	2	3	2	Savannah, Ga.	51	42	6	1	2	-	5
Providence, R.I.	33	22	8	2	1	-	1	St. Petersburg, Fla. Tampa, Fla.	74 125	56 86	10 25	4 11	2	2	4 6
Somerville, Mass. Springfield, Mass.	5	4	-	:	1	-	-	Washington, D.C.	259	136	54	48	13	8	4
Waterbury, Conn.	49 28	31 21	9 5	5 1	2 1	2	1	Wilmington, Del.	32	30	1	-	1	-	-
Worcester, Mass.	58	46	5	4	i	2	3	E.S. CENTRAL	817	527	173	73	22	22	44
	2,762	1,793		287	74	88	146	Birmingham, Ala. Chattanooga, Tenn.	98 55	63	16 9	9 7	8	2	1
Albany, N.Y. Allentown, Pa.	46	33		6	1	1	2	Knoxville, Tenn.	91	39 62	16	11	2	-	13
Buffalo, N.Y.	16 100	14 70		6	1	3	4	Louisville, Ky.	83	51	23	4	1	4	5
Camden, N.J.	36	20	7	7		2	-	Memphis, Tenn. Mobile, Ala.	205 100	123 68	50 18	19 10	5 1	8	6 6
Elizabeth, N.J. Erie, Pa.†	13 43	11	2	:	-	-	1	Montgomery, Ala.§	36	27	7	2	-	-	3 7
Jersey City, N.J.	63	35 37	5 9	2 6	:	1 11	2 1	Nashville, Tenn.	149	94	34	11	5	5	
N.Y. City, N.Y.	1,349	842	267	167	41	32	53	W.S. CENTRAL	1,687	1,006	367	196	67	51	49
Newark, N.J. Paterson, N.J.	83 29	37 14	23 6	15	2	6	7	Austin, Tex. Baton Rouge, La.	58 34	34 21	11 6	8 3	4	1	5 2
Philadelphia, Pa.	425	267	77	4 48	1 19	4 14	1 33	Corpus Christi, Tex.	42	29	6	4	1	2	3
Pittsburgh, Pa.†	118	75	23	10	4	5	8	Dallas, Tex.	187	84	56	30	9	8	2
Reading, Pa. Rochester, N.Y.	32 135	27 102	2 22	2	1	-	11	El Paso, Tex. Fort Worth, Tex	72 72	38 48	19 13	7 6	6 1	2 4	1 2
Schenectady, N.Y.	37	26	-8	3		7	7 1	Houston, Tex.§	734	436	169	89	24	16	18
Scranton, Pa.† Syracuse, N.Y.	31	23		1	•	-	2	Little Rock, Ark.	72	39	17	11	1	4	1
Trenton, N.J.	120 37	94 28		2	3	2	9	New Orleans, La. San Antonio, Tex.	110 168	77 107	18 30	6 16	6 8	7	5
Utica, N.Y.	24	18	4	2	-	-		Shreveport, La.	33	22	7	2	-	2	3
Yonkers, N.Y.	25	20	-	-	-	-	1	Tulsa, Okla.	105	71	15	14	3	2	7
E.N. CENTRAL Akron, Ohio	2,313 86	1,519 57		169	58	87	129	MOUNTAIN	682	456	135	46	24 2	21 3	49 3
Canton, Ohio	59	38		5 6	3	5 2	3	Albuquerque, N. Me: Colo. Springs, Colo.	x. 90 39	63 20	16 12	6 6	1	-	6
Chicago, III.§	564	362	125	45	10	22	16	Denver, Colo.	104	67	15	9	4	9	8
Cincinnati, Ohio Cleveland, Ohio	134 145	94 87		7 13	2	5 7	19	Las Vegas, Nev. Ogden, Utah	102 25	64 22	27 3	5	5	1	4 5
Columbus, Ohio	183	113		12	8 4	10	14 9	Phoenix, Ariz.	146	94	30	11	7	4	9
Dayton, Ohio Detroit, Mich.	121	82		10	1	3	9	Pueblo, Colo.	22	19	1	1	1	-	6
Evansville, Ind.	209 39	127 26		24 2	8 1	8	6	Salt Lake City, Utah Tucson, Ariz.	45 109	26 81	10 21	3 5	3 1	3 1	8
Fort Wayne, Ind.	72	49	13	6	3	1	4	PACIFIC PACIFIC	1,915	1,301	325	192	53	41	113
Gary, Ind. Grand Rapids, Mich.	22 57	9		2	1	-	3	Berkeley, Calif.	1,513	1,301	323	1	1	-	-
Indianapolis, Ind.	141	36 86		10 6	1 6	2 8	7 6	Fresno, Calif.	48	34	6	4	2	2	1
Madison, Wis.	40	32	1	3	2	2	1	Glendale, Calif. Honolulu, Hawaii	29 80	21 62	6 14	2	1	-	2 11
Milwaukee, Wis. Peoria, III.	140 48	104 29		5	2	4	14	Long Beach, Calif.	57	42	8	4	3	-	8
Rockford, III.	48	32		1	1 2	4	2 7	Los Angeles Calif.	555	349	99	77	20	7	15 4
South Bend, Ind.	40	32	6	1	-	1	í	Oakland, Calif. Pasadena, Calif.	75 34	50 30	8 2	13 1	1 1	3	3
Toledo, Ohio Youngstown, Ohio	101 64	76 48		4	2	3	3	Portland, Oreg.	122	90	22	6	2	2	11
W.N. CENTRAL	786	46 568		4	1	-	4	Sacramento, Čalif. San Diego, Calif.	156 136	114 87	27 25	7 13	2	6 7	11 16
Des Moines, Iowa	51	36		46 1	16 1	34 2	28 3	San Francisco, Calif.	156	94	25 29	24	4	5	8
Duluth, Minn.	32	28	3	1	-	-	2	San Jose, Calif.	164	113	30	13	5	3	8
Kansas City, Kans. Kansas City, Mo.	36 94	23 73		3	2	-	-	Seattle, Wash.§ Spokane, Wash.	143 55	98 41	27 8	14 1	3 2	1	3 5
Lincoln, Nebr.	46	32	9	2	1 1	1 2	5	Tacoma, Wash.	88	62	13	9	2	2	7
Minneapolis, Minn.	196	139	37	11	4	5	9		12,889 ^{†1}				386	399	639
Omaha, Nebr. St. Louis, Mo.	79 131	61 95			2	1 10	7 2	""	_,	2,300	_,	.,_00	200	230	
St. Paul, Minn.	65	49	6		2	3	-	ĺ							
Wichita, Kans.	56	32		5	-	10	-								

^{*}Mortality data in this table are voluntarily reported from 121 cities in the United States, most of which have populations of 100,000 or more. A death is reported by the place of its occurrence and by the week that the death certificate was filed. Fetal deaths are not included.

^{**}Pneumonia and influenza.

Because of changes in reporting methods in these 3 Pennsylvania cities, these numbers are partial counts for the current week. Complete counts will be available in 4 to 6 weeks.

ttTotal includes unknown ages. §Data not available. Figures are estimates based on average of past available 4 weeks.

Hospitalizations - Continued

- NCHS. Vital statistics mortality data, underlying cause of death detail [machine-readable public-use data tape]. Hyattsville, Maryland: US Department of Health and Human Services, Public Health Service, CDC, 1987.
- Health Care Financing Administration. Special report: hospital data by geographic area for aged Medicare beneficiaries – selected diagnostic groups, 1986. Vol 1. Baltimore, Maryland: US Department of Health and Human Services, Health Care Financing Administration, 1990; HCFA publication no. 03300.

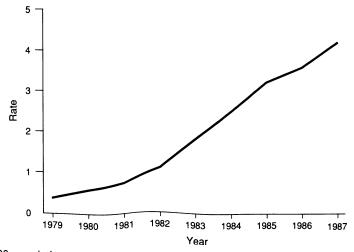
Mortality from Alzheimer Disease — United States, 1979–1987

Although age-adjusted death rates for many leading causes of death in the United States declined from 1979 through 1987 (1), the rates for Alzheimer disease (AD)* (International Classification of Disease, Ninth Revision, Clinical Modification [ICD9-CM] rubric 331.0) increased substantially. To characterize mortality patterns for AD and related disorders, CDC analyzed U.S. mortality data for 1979–1987. This report provides a preliminary summary of findings from this analysis.

Deaths from AD were analyzed using data from multiple cause-of-death data tapes supplied by CDC's National Center for Health Statistics. Denominators for calculating rates were obtained from intercensal population estimates. Age-adjusted death rates were standardized to the 1980 U.S. population.

From 1979 through 1987, AD was listed as the underlying cause of death for 46,202 persons in the United States. The age-adjusted annual death rate increased from 0.4 per 100,000 persons in 1979 to 4.2 per 100,000 persons in 1987 (Figure 1). For men, the annual rate increased from 0.5 to 4.6 per 100,000, and for women, from 0.3 to 3.9 per

FIGURE 1. Annual age-adjusted death rates* for Alzheimer disease as underlying cause of death — United States, 1979–1987



^{*}Per 100,000 population.

^{*}Clinically, AD is characterized by progressive dementia without a disturbance in consciousness. The diagnosis of AD requires exclusion of other diseases associated with dementia (2).

Alzheimer Disease - Continued

100,000. For blacks and whites, rates increased with age; increases were higher for the older age groups (Table 1). Within each age group, the rate for whites was higher than for blacks.

In 1987, age-adjusted death rates were highest in the Rocky Mountain states and in New England (Table 2). Montana and Utah had the highest rates in 1987 and the greatest differences in rates between 1979 and 1987. New York and Alaska had the lowest rates in 1987 and the smallest differences in rates between 1979 and 1987.

To examine the hypothesis that shifts in diagnoses accounted for the changes in rates, investigators compared age-adjusted death rates for AD, senile and presenile dementias (ICD-9-CM rubrics 290.0 and 290.1, respectively), and senility (ICD-9-CM rubric 797) (Table 3). For both AD and the dementias, rates increased from 1979 to 1987; in comparison, the rate for senility declined.

Reported by: Div of Chronic Disease Control and Community Intervention, Office of Surveillance and Analysis, and Office of the Director, Center for Chronic Disease Prevention and Health Promotion. CDC.

Editorial Note: Although death rates represent a potential measure of the public health impact of AD, variations in the accuracy of diagnosis and in the completion of death certificates limit the value of mortality data for estimating the prevalence of AD (3–7). Nonetheless, the patterns for AD death rates in this report are consistent with those in England (4), Australia (5), Norway (6), and Canada (7). In these countries, deaths from or death rates for AD and related disorders have also increased.

At least two factors may be responsible for the observed increase in death rates for AD in the United States. First, the incidence or prevalence of AD may have increased. Second, heightened awareness of AD may have caused physicians to diagnose cognitive impairment as AD more frequently than in the past; caused physicians to change their diagnoses and recording of deaths (i.e., increases in mortality attributable to dementia have been accompanied by decreases in deaths from senility); or caused the death certificate to be a more sensitive or less specific record of the premortem diagnosis of AD. Further investigation may clarify the contribution of these two factors to increased death rates for AD.

The heightened awareness of AD among health-care providers may be due in part to educational efforts by the Alzheimer's Disease and Related Disorders Association (created in 1979) and to increased federal funding for research on AD and related disorders (from \$3.9 million in 1976 to \$53.9 million in 1986 [8]).

TABLE 1. Death rates* for Alzheimer disease as underlying cause of death, by decedent's age and race — United States, 1979 and 1987

	Race/Year								
	W	hite	Bla	ack					
Age (yrs) [†]	1979	1987	1979	1987					
50–59	0.3	0.6	0.2	0.4					
60-69	1.7	4.8	0.8	3.2					
70–79	2.7	28.4	1.0	16.4					
≥80	3.8	108.8	1.4	45.3					

^{*}Per 100,000 population.

 $^{^{\}dagger}$ In 1979 and 1987, the rates for both blacks and whites <50 years of age were <0.05 per 100,000 population.

Alzheimer Disease - Continued

TABLE 2. Deaths from and age-adjusted death rates for Alzheimer disease as underlying cause of death, by area of residence — United States, 1979 and 1987

	No.	deaths		Rate*	
Area	1979	1987	1979	1987	Difference
Alabama	13	184	0.4	4.1	3.7
Alaska	1	4	1.1	2.7	1.6
Arizona	16	191	0.6	5.5	4.9
Arkansas	6	108	0.2	3.4	3.2
California	109	1,052	0.5	3.9	3.4
Colorado	9	157	0.4	5.7	5.3
Connecticut	6	160	0.2	4.1	3.9
Delaware	1	33	0.2	5.0	4.8
District of Columbia	4	23	0.6	3.3	2.7
Florida	68	737	0.5	3.9	3.4
Georgia	14	312	0.3	5.7	5.4
Hawaii	1	31	0.1	3.5	3.4
Idaho	2	63	0.2	6.4	6.2
Illinois	46	516	0.4	4.0	3.6
Indiana	17	280	0.3	4.6	4.3
lowa	12	206	0.4	4.9	4.5
Kansas	15	157	0.6	4.8	4.2
Kentucky	16	189	0.5	4.6	4.1
Louisiana	7	135	0.2	3.4	3.2
Maine	10	101	0.8	6.6	5.8
Maryland	10	194	0.3	4.6	4.3
Massachusetts	51	430	0.8	5.5	4.7
Michigan	24	274	0.3	2.9	2.6
Minnesota	7	226	0.2	4.2	4.0
Mississippi	1	97	†	3.4	3.4
Missouri	18	267	0.3	4.0	3.4 3.7
Montana	5	81	0.3	9.2	3.7 8.5
Nebraska	8	102	0.5	4.6	4.1
Nevada	1	47	0.3	4.6 6.1	
New Hampshire	6	101	0.3 0.7	8.6	5.8
New Jersey	20	274	0.7	3.1	7.9
New Mexico	3	59			2.8
	59	455	0.3	4.6	4.3
New York North Carolina	15	354	0.3	2.1	1.8
	2		0.3	5.5	5.2
North Dakota		26	0.3	3.1	2.8
Ohio	52	578	0.5	4.8	4.3
Oklahoma	8	166	0.2	4.3	4.1
Oregon	11	238	0.4	7.1	6.7
Pennsylvania	39	467	0.3	3.0	2.7
Rhode Island	5	65	0.5	4.7	4.2
South Carolina	11	136	0.4	4.6	4.2
South Dakota	2	45	0.3	4.6	4.3
Tennessee	6	257	0.1	4.8	4.7
Texas	38	592	0.3	4.0	3.7
Utah	5	112	0.5	9.1	8.6
Vermont	4	46	0.8	7.0	6.2
Virginia	12	280	0.3	5.2	4.9
Washington	32	326	0.9	6.7	5.8
West Virginia	3	85	0.1	3.7	3.6
Wisconsin	25	271	0.5	4.4	3.9
Wyoming	1	21	0.3	5.6	5.3
Total	857	11,311	0.4	4.2	3.8

[†]Rate < 0.05.

Alzheimer Disease - Continued

TABLE 3. Deaths from and age-adjusted death rates for Alzheimer disease, senile and presenile dementias, and senility diagnoses* — United States, 1979 and 1987

Associated cause of death (ICD-9-CM rubric)	No. deaths		Rate [†]		
	1979	1987	1979	1987	Difference
Alzheimer disease (331.0)	1,728	26,325	0.8	9.7	+ 8.9
Senile (290.0) and presenile (290.1) dementias	6,299	16,807	2.9	6.1	+ 3.2
Senility (797)	24,735	18,401	11.2	6.7	-4.5

^{*}Diagnosis recorded on the death certificate as associated cause of death.

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Enterovirus Surveillance - United States, 1990

Since 1985, nonpolio enterovirus (NPEV) surveillance data on isolates reported from March through May in the United States have been used to predict the serotypes likely to be isolated during July through December, which encompasses the period of the peak enterovirus activity. From March through May 1990, state virology laboratories reported to CDC 77 NPEV isolates. Echovirus 30 was isolated most frequently (19 isolates [25%]), followed by coxsackievirus A9 (eight isolates [10%]), coxsackievirus B2 (eight isolates [10%]), echovirus 5 (five isolates [6%]), echovirus 6 (five isolates [6%]), and coxsackievirus B5, echovirus 7, echovirus 9, and echovirus 11 (four isolates each [5%]).

During March through May 1989, coxsackievirus B5 was the most commonly reported NPEV (16 [52%] of 31 isolates). Of all 1260 NPEV isolates reported for 1989, the six most common were coxsackievirus B5 (21%), echovirus 9 (20%), echovirus 11 (10%), coxsackievirus B2 (6%), echovirus 6 (5%), and coxsackievirus A16 (5%).

Reported by: State virology laboratory directors. Respiratory and Enterovirus Br, Div of Viral and Rickettsial Diseases, Center for Infectious Diseases, CDC.

[†]Per 100,000 population.

Enterovirus Surveillance - Continued

Editorial Note: Enteroviruses are a group of 65 different, common agents causing illnesses that range from mild, nonspecific manifestations to syndromes as severe as aseptic meningitis. Reporting of the most prevalent enterovirus serotypes may assist diagnostic laboratories in the rapid identification of enterovirus isolates and public health officials in recognizing and controlling outbreaks of enteroviral disease. Among the commonly reported isolates for 1989, coxsackievirus A16 was the agent most probably responsible for large regional outbreaks of hand, foot, and mouth disease.

Since 1970, state health department laboratories have reported enterovirus serotypes to CDC on a monthly basis approximately 6–8 weeks after specimens are submitted for identification; the delay in reporting is due to the time necessary to isolate and identify the viruses. Previous reviews of enterovirus surveillance data have demonstrated that isolates from March through May predict the serotypes likely to be isolated in July through December (1,2). From 1970 through 1983, the six most common isolates in March through May accounted for an average of 59% of the isolates in July through December (range: 51%–74%), and for this period in 1984–1988, for 50%–58% of the isolates. In 1989, they accounted for 66% of isolates in July through December.

Serotypes isolated in early 1990 suggested that echovirus 30, coxsackieviruses A9 and B2, and echoviruses 5 and 6 are likely to be prevalent this year. Preliminary data from June and July 1990 indicate that these serotypes accounted for 75% of the enteroviruses reported. These five serotypes and five of the six most frequently reported isolates in 1989 are among the 15 most frequently reported isolates during 1970–1983 (1).

Virology laboratories are encouraged to report identified enteroviruses through state virology laboratories to CDC.

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Update: Analysis of L-Tryptophan for the Etiology of Eosinophilia-Myalgia Syndrome

In August 1990, CDC and the Food and Drug Administration proposed a structure for peak 97 (Figure 1A), the high performance liquid chromatographic (HPLC) peak that was most predictive of L-tryptophan (LT) lots associated with eosinophiliamyalgia syndrome (EMS) cases (1). This report updates those findings.

Analyses of the product of LT and acetaldehyde show that the product is the di-L-tryptophan aminal of acetaldehyde (DTAA), with the methine bridge coupling the two tryptophan molecules across the indole nitrogens (Figure 1B) rather than the amino nitrogens (Figure 1A). This synthesized product has the same proton nuclear magnetic resonance (NMR) spectra, mass spectra, and HPLC chromatographic properties as peak 97. Key information to support the location of the methine bridge was provided by the analyses of synthesized product using a two-dimensional long-range ¹³C-¹H shift correlation NMR spectroscopic experiment (2), which demonstrated that the methine proton of the acetaldehyde residue is coupled to carbons

L-Tryptophan - Continued

2 and 2' of the LT groups and that protons 2 and 2' of these groups are correspondingly spin-coupled to the methine carbon of the acetaldehyde residue. This experiment could not be performed on the limited quantity of peak 97 collected from the case-associated lots. In addition, chemical derivatization experiments with the synthesized material and with model compounds are consistent with Figure 1B but not with 1A.

Reported by: Center for Food Safety and Applied Nutrition, Food and Drug Administration. Center for Environmental Health and Injury Control, CDC.

Editorial Note: This confirmation of the structure of peak 97 as the DTAA shown in Figure 1B will enable testing of the correct compound for its biologic effects and assessment of any structure-activity relationship. Studies of the biologic effects of synthesized DTAA—including evaluation of the recently developed rat model for EMS (3)—are in progress. Clarification regarding the role of peak 97 may be important in understanding the pathophysiology of EMS and similar diseases (e.g., toxic-oil syndrome).

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FIGURE 1. Proposed structure for di-L-tryptophan aminal of acetaldehyde*

^{*}A: Original proposed structure. B: New proposed structure.

Notices to Readers

National Conference on State-Based Occupational Health and Safety Activities

The National Conference on State-Based Occupational Health and Safety Activities, sponsored by CDC's National Institute for Occupational Safety and Health (NIOSH), National Center for Health Statistics, and Public Health Practice Program Office and the Department of Labor's Occupational Safety and Health Administration and Bureau of Labor Statistics, will be held September 3–6, 1991, in Cincinnati, Ohio. The theme, "Preparing for the 90s," places a high priority on prevention and embraces the concept that efforts at the state level will continue to play a vital role in prevention efforts. The deadline for submitting abstracts is March 1, 1991.

Additional information is available from the Executive Secretary, Program Planning Committee, NIOSH, Mailstop D26, CDC, 1600 Clifton Road, Atlanta, GA 30333; telephone (404) 639-3345.

Prevention 91 Conference

On March 16–19, 1990, the American College of Preventive Medicine and the Association of Teachers of Preventive Medicine will sponsor the Eighth Annual National Preventive Medicine Meeting in Baltimore, Maryland. CDC and the Agency for Toxic Substances and Disease Registry, along with other health organizations, will cosponsor the meeting. Topics include the cost-effectiveness and efficacy of prevention, rural health problems, nutrition, underserved populations and access to preventive services, environmental health, injury and violence, genetics, and substance abuse. Activities include computer demonstrations, workshops, and special interest group meetings.

Registration information is available from Prevention 91, 1015 15th Street, NW, Suite 403, Washington, DC 20005; telephone (202) 789-0006.

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The data in this report are provisional, based on weekly reports to CDC by state health departments. The reporting week concludes at close of business on Friday; compiled data on a national basis are officially released to the public on the succeeding Friday. Accounts of interesting cases, outbreaks, environmental hazards, or other public health problems of current interest to health officials, as well as matters pertaining to editorial or other textual considerations should be addressed to: Editor, Morbidity and Mortality Weekly Report, Mailstop C-08, Centers for Disease Control, Atlanta, Georgia 30333; telephone (404) 332-4555.

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